



# VegWorld

MAGAZINE

## IT'S IN OUR HANDS

Can we create a sustainable planet?

### THE INTENTION / ACTION GAP

by Howard Jacobson, PhD

Breakfasts of WFPB Champions

## 10 RECIPES TO BREAK THE BREAKFAST BLUES

## Meat and Politics

Feedlots and the mechanization  
of agriculture

*"While we ourselves are the living graves of murdered beasts, how can we expect any ideal conditions on this earth?"* – George Bernard Shaw

